

Have you been asking yourself, "Why is regular HVAC maintenance important?" Well, this blog is for you! Your HVAC system is one of the most frequently used appliances in your home and it takes up a great chunk of your utility bill. That's why it is important to make sure you are regularly tending to your HVAC system. If you ignore regular HVAC maintenance, you will be reducing the efficiency of your unit and decreasing the indoor air quality of your home. By taking a few minutes to change your air filter or scheduling an annual HVAC maintenance check, you can make a big difference. Still not convinced? Keep reading this guide by the pros at [Mattioni!](#)

1. IT REDUCES YOUR UTILITY BILL

Regularly maintaining your HVAC system can make a significant difference in your utility bill. For example, just by changing your air filter you can reduce your unit's energy consumption by 5 to 15 %. A clean air filter also prevents other problems such as a frozen evaporator coil, which can cause other costly problems.

2. IT PREVENTS SUDDEN ISSUES

Whether you DIY your HVAC maintenance or you have a professional inspect your unit, HVAC maintenance can make sure every component is in its place and working fine. Without consistent maintenance, you wouldn't be able to tell if you needed more refrigerant or not, needed to clean your coils or your outdoor unit needed to be cleared of dirt and debris. Consistent maintenance reduces the likelihood of a sudden breakdown or issue occurring in your unit, leading to expensive emergency repair. The last thing you want is your AC or heater breaking down in the middle of the night with no other option than braving the heat or cold.

3. HEALTHY INDOOR AIR

By having your HVAC system inspected and maintained, you can ensure your indoor air quality is top-notch. By ignoring consistent maintenance, you are exposing your indoor air to allergens, pollutants and toxic elements that can cause some serious allergic reactions.

4. INCREASED COMFORT

If your home is well-insulated, your indoor air quality is healthy and your HVAC unit is functioning properly, your home will be the epitome of comfort! The last thing you want is an HVAC unit having sudden breakdowns, blowing cold air when it's supposed to be blowing warm air (and vice versa) or making dangerous noises. By having a professional tune-up your system or by doing small HVAC maintenance tasks on your own you can increase indoor comfort.

KEEP IN MIND...

While we mention DIY maintenance above, there are some HVAC maintenance tasks that only licensed HVAC technicians can do such as replacing the refrigerant, ductwork cleaning and coil cleaning. Doing these tasks on your own can be dangerous (especially handling refrigerant!) so it is worth it to call a professional.

For expert HVAC maintenance, get in touch with the pros at Mattioni! Call us today at [484-617-3841](tel:484-617-3841) or schedule a service with us on our [website!](#)